Patent Claims

1. A sliding board, in particular a ski or snowboard, comprising at least one interface element, in particular a rail or guide element, connected to the sliding-board body for arranging of binding elements on the upper side of the sliding board, characterized in that a cradle or cassette (7) is integrated into the sliding-board body, on which cradle or cassette the interface element(s) (5, 5') is or are anchored, whereby the cradle or cassette (7), preferably also the interface element(s) (5, 5'), is or are connected to further sliding-board parts through foam, preferably through a foamed core (6).

2. The sliding board according to Claim 1, characterized in that the cradle or cassette (7) consists of intersecting bars and/or supports (10, 11, 12), which have openings or holes (13).

3. The sliding board according to Claim 1 or 2, characterized in that the cradle or cassette (7) has a number of locking openings (13), in which connecting elements (9) of the interface elements (5, 5') are anchored.

4. The sliding board according to Claim 3, characterized in that the connecting elements (9) are connected to the cradle or cassette (7) via a clasp connection.

5. The sliding board according to one of the Claims 1 to 4, characterized in that the connecting elements (9) of the interface elements, in particular of the rail or guide elements (5, 5'), penetrate through holes, slotted

holes, slots or the like constructed in the layer or the layers (4) of the sliding-board upper parts.

6. A method for the manufacture of a sliding board, in particular a ski or a snowboard, where a preformed sliding-board upper part having an upper cup is connected to a sliding-board lower part having an outsole, if necessary, a lower belt and steel edges, and foam is introduced, characterized in that during the assembly of the sliding-board parts or layers at least one interface element, in particular a rail or guide element (5, 5') for arranging and guiding of a binding part is anchored on a cradle or cassette positioned between sliding-board parts, foam is subsequently introduced so that the interface element(s) (5, 5') and or the cradle or cassette (7) is or are connected with one another, to the foam and the further sliding-board parts.

7. The method according to Claim 6, characterized in that the introduced foam forms at least in certain areas the core (6) of the sliding board.

8. The method according to Claim 6 or 7, characterized in that the foam is distributed through openings, holes or the like provided in the cradle or cassette (7) within the sliding-board body.